

CURRICULUM VITAE

STELLA SNYDER

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Contact Information

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 Indiana University-Purdue University Indianapolis (IUPUI)
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Current Position

2022-Present **Ph.D. Student in Clinical Psychology** (APA Accredited Program)
 Indiana University-Purdue University Indianapolis

Education

2022 **Admitted to the Ph.D. Program in Clinical Psychology**, Track: Clinical Health Psychology
 Indiana University-Purdue University Indianapolis
 Department of Psychology, Indianapolis, IN 46202

2014 **M.S., Biology**
 Purdue University Fort Wayne
 Fort Wayne, IN
 Advisor: Robert Visalli, Ph.D.

2005 **B.A., Biology**
 Saint Francis University
 Fort Wayne, IN

Honors, Awards and Fellowships

2022 IUPUI University Fellowship for Academic Achievement (\$22,500)

Travel Grants:

2022 - 2023 IUPUI University Fellowship for Academic Achievement Travel Grant

2023 IUPUI Department of Psychology Clinical Area Spring Funding Award

2023 IUPUI Graduate and Professional Student Government – Educational Enhancement Grant

Peer-Reviewed Publications

1. Snyder, S., Milbury, K., Wagner, R., & Cohen, L. (2023). Words matter: The use of generic “you” in expressive writing in an oncology setting. *Journal of health psychology*, 13591053231182218. *Advance online publication*. <https://doi.org/10.1177/13591053231182218>
2. Secinti, E., Snyder, S., Wu, W., & Mosher, C. E. (2023). Preliminary validation of the Injustice Experience Questionnaire in patients with advanced cancer. *Journal of pain and symptom management*, 65(4), e345–e351. <https://doi.org/10.1016/j.jpainsymman.2022.12.142>

3. **Snyder, S.**, Kroll, J. L., Chen, A. B., Antonoff, M. B., Yang, C. C., & Milbury, K. (2022). Moderators of the association between stigma and psychological and cancer-related symptoms in women with non-small cell lung cancer. *Psycho-oncology*, 31(9), 1581–1588. <https://doi.org/10.1002/pon.5982>
4. Milbury, K., Whisenant, M., Weathers, S.P., Mallaiah, S., **Snyder, S.**, Jackson, N., Li, J., Li, Y., Silva, R.F., Shih, T., & Cohen, L. (2022). Dyadic versus individual delivery of a yoga program for family caregivers of glioma patients undergoing radiotherapy: Results of a 3-arm pilot, randomized controlled trial. *Cancer medicine*, 10.1002/cam4.5514. <https://doi.org/10.1002/cam4.5514>
5. **Snyder, S.**, Silva, R. F., Whisenant, M. S., & Milbury, K. (2021). Videoconferenced yoga interventions for cancer patients and their caregivers during the COVID-19 pandemic: a Report from a clinician's perspective. *Integrative cancer therapies*, 20, 15347354211019111. <https://doi.org/10.1177/15347354211019111>
6. Milbury, K., Kroll, J., Chen, A., Antonoff, M. B., **Snyder, S.**, Higgins, H., Yang, C. C., Li, Y., & Bruera, E. (2021). Pilot randomized controlled trial in women with non-small cell lung cancer to assess the feasibility of delivering group-based psychosocial care via videoconference. *Integrative cancer therapies*, 20, 15347354211052520. <https://doi.org/10.1177/15347354211052520>

Manuscripts Submitted for Publication or in Preparation

1. **Snyder, S.**, Secinti, E., Chinh, K., Wu, W., Jones, S. A., & Mosher, C.E. (under review). Preliminary Validation of the Cognitive Affective Mindfulness Scale-Revised (CAMS-R) in Cancer Populations. *Psycho-oncology*.
2. Whisenant, M., **Snyder, S.**, Weathers, S.P., Bruera, E., & Milbury, K. (under review). Self and Proxy Symptom Reporting in Patient-Caregiver Dyads Coping with a Glioma: The Role of Psychosocial Function in Rating Agreement. *Journal of patient reported outcomes*.

Presentations

1. **Snyder, S.** Ahmed, S., Kroll, J., Roth, M., Robert, R., Milbury, K. *Feasibility of Videoconferenced Group-Based Support Programs for Adolescent Young Adults (AYAs) with Lymphoma*. Presented at the 24th International Psycho-Oncology Society World Congress of Psycho-Oncology. Milan, Italy, 9/2023.
2. **Snyder, S.**, Secinti, E., Wu, W., Mosher, C.E. *Preliminary Examination of the Injustice Experience Questionnaire in Patients with Advance Cancer*. Poster presented at the 44th Society of Behavioral Medicine Annual Meeting & Scientific Sessions, Phoenix, AZ, 4/2022.
3. Kroll, J., Li, Y., Weathers, S., Silva, R., **Snyder, S.**, Shih, T., Bruera, E., Cohen, L., Milbury, K. *Could one be greater than two? Results of a 3-arm pilot randomized controlled trial of yoga for caregivers of glioma patients*. Poster presented at the 43rd Society of Behavioral Medicine Annual Meeting & Scientific Sessions, Baltimore, MD, 4/2022.
4. **Snyder, S.**, Kroll, J., Chen, A., Yang, C.C., Milbury, K. *Mindfulness moderates the association between stigma and psychological distress in women with lung cancer*. Poster presented at the 79th American Psychosomatic Society Annual Scientific Meeting, Long Beach, CA, 3/2022. *Selected as citation poster for presentation*.
5. Kroll, J., Higgins, H., **Snyder, S.**, Chen, A., Antonoff, M., Li, Y., Tsao, A., Milbury, K. *Feasibility of a group-based telehealth psychosocial intervention for women with non-small cell lung cancer (NSCLC)*. Poster presented at the Multinational Association of Supportive Care in Cancer, virtual, 6/2021.
6. **Snyder, S.** *The unique needs of the AYA cancer patient across the cancer care continuum*. Oral presentation at the Symposium on Yoga Therapy and Research, virtual, 5/2021.
7. Kroll, J., Higgins, H., **Snyder, S.**, Chen, A., Antonoff, M., Li, Y., Tsao, A., Milbury, K. *Feasibility of a group-based telehealth psychosocial intervention for women with non-small cell lung cancer (NSCLC)*. Oral

presentation at the American Society of Preventive Oncology, virtual, 3/2021. *Recipient of registration award for highly ranked abstract.*

8. Perez, G., Khincha, P., Banks, M., **Snyder, S.** *Diversity, engagement, access: AYAs and integrative therapies across the cancer care continuum.* Panel presentation at the 17th Society for Integrative Oncology International Conference, virtual, 10/2020.

Memberships in Professional Associations

Member, *Society for Integrative Oncology*
SIO Special Interest Group: Yoga Therapy
**2022 SIO Special Interest Group Programming Committee Chair*

Member, *American Psychosomatic Society*
APS Special Interest Group: Emerging Leader

Member, Registered Yoga Therapist, *The International Association of Yoga Therapists*

Research Experience

2021 - 2022 ***Clinical Studies Coordinator***
 The University of Texas MD Anderson Cancer Center, Behavioral Science

Duties: Coordinator for multiple NIH funded studies. Supported IRB protocol submissions and other IRB compliance-related submissions. Monitored protocol procedures and data quality assurance procedures. Screened medical records for eligibility, recruited participants, and obtained informed consent from patients with cancer and their family members. Oversaw the development of databases and assisted with institutional and sponsor-initiated audits. Trained and managed a team of research coordinators. Developed accrual and data collection reports. Performed descriptive and basic inferential statistical analyses and developed manuscripts for peer-reviewed publications.

Supervisor: Kathrin Milbury, Ph.D.

2011 - 2014 ***Graduate Research Assistant***
 Purdue University Fort Wayne, Virology Laboratory

Duties: Conducted bright field microscopy, characterization of bacteria, bacterial selective and differential media plating techniques, pure culture technique, and dilutions for epidemiology studies. Gained experience in agarose gel electrophoresis, polyacrylamide gel electrophoresis, western blotting, protein interaction pull-down assays, polymerase chain reaction (PCR), DNA cloning and subcloning, isolation of plasmid DNA, bacterial transformations, and chromatography (protein purification).

Supervisor: Robert Visalli, Ph.D.

Clinical Experience

2019 - 2021 ***Mind-Body Intervention Specialist***
 The University of Texas MD Anderson Cancer Center

Duties: Interventionist for multiple NIH-funded mind-body intervention studies. Led yoga therapy interventions for individuals and patient-caregiver dyads affected by cancer, as well as videoconference meditation groups. Performed research coordinator duties and assisted with the development of intervention content and manuals.

Implemented interventions in symptomatic patients and those actively undergoing cancer treatment including glioma, lung, lymphoma, and head and neck cancer patients.

Supervisor: Kathrin Milbury, Ph.D.

2015 - 2018 ***Yoga Therapist***
IU Health Simon Cancer Center

Duties: Taught yoga therapy techniques to cancer and chronic illness patients. Led group chair yoga classes and participated in multiple PR and social media obligations for the hospital.

2015 - 2017 ***Yoga Therapist***
Eskenazi Health Hospital

Duties: Worked in outpatient infusion center, teaching yoga therapy techniques to cancer patients receiving chemotherapy. Worked alongside oncology RNs and social workers.

Tests Administered

Adult ADHD Self-Report Scale Symptom Checklist	Impact of Events Scale – Revised (IES-R)
Barkley Adult ADHD Rating Scale-IV	MD Anderson Symptom Inventory (MDASI)
Beck Anxiety Inventory	Medical Outcomes Study 36-item short-form survey (SF-36)
Beck Depression Inventory-II	Mindful Attention Awareness Scale (MAAS)
Brief Dyadic Adjustment Scale	Minnesota Multiphasic Personality Inventory-2 (MMPI-2)
Cataldo Lung Cancer Stigma Scale (CLCSS)	Patient-Generated Subjective Global Assessment-Short Form
Center for Epidemiologic Studies-Depression (CES-D)	Patient Health Questionnaire-9 (PHQ-9)
Conceptions of the Nature of Athletic Ability Questionnaire, version 2 (CNAAQ-2)	PROMIS-Emotional Connection 8-item
Conners Continuous Auditory Test of Attention (CATA)	PROMIS-Meaning and Purpose 8-item
Conners Performance Test – Third Edition (CPT-3)	Self-Compassion Scale (SCS)
Couples Illness Communication Scale (CICS) 8-item	Six-Minute Walk Test (6MWT)
Dyadic Adjustment Scale, 32-item	Social Provisions Scale (SPS)
Emotional Approach Coping Scale	Wechsler Adult Intelligence Scale IV
Emotion Regulation Questionnaire	Wechsler Memory Scale IV subtests:
Experiences in Closer Relationship Scale- Short Form	Logical Memory I and II
Family Relationship Index (FRI) Short Form	Visual Reproduction I and II
Generalized Anxiety Disorder 7-item Scale (GAD-7)	Work Productivity and Activity Impairment General Health (WPAI-GH)
Godin-Shephard Leisure-Time Physical Activity Questionnaire	
Hospital Anxiety and Distress Scale (HADS)	

Clinical Workshops and Trainings

2019 *Motivational Interviewing Workshop and Training (2 days)*
The University of Texas MD Anderson Cancer Center

2015 *500-hour Yoga Teacher Training Certificate*
Yoga Therapy in Cancer and Chronic Illness (YCaT)

2015 *500-hour Yoga Teacher Training Certificate*
Pranayoga Institute of Yoga and Holistic Health

Teaching Experience

- 2011-2014 **Teaching Assistant**
Undergraduate Human Anatomy & Physiology
 Department of Biology, Purdue Fort Wayne
 Fort Wayne, IN.
- 2012-2013 **Teaching Assistant**
Undergraduate Intro to Biology
 Department of Biology, Purdue Fort Wayne
 Fort Wayne, IN.
- 2013 **Teaching Assistant**
Undergraduate Genetics and Molecular Biology
 Department of Biology, Purdue Fort Wayne
 Fort Wayne, IN.

Other Professional Experience

- 2014 **Genetic Counseling Intern**
Parkview Hospital, Fort Wayne, IN
- Duties: Entered family tree data into patients' medical records, shadowed counseling sessions.

Service Activities

- 2023-present ***Yoga Teacher***
 Little Red Door Cancer Support Agency, Indianapolis, IN
- Duties: Currently serves as a yoga teacher for classes taught to patients with cancer, survivors of cancer, and caregivers.
- 2021 - 2023 ***Youth Mentor***
 Big Brother Big Sister, Houston, TX
- Duties: Mentor to 15-year-old girl, meet virtually on a weekly basis.
- 2018 - 2020 ***Yoga Teacher***
 Camp Little Red Door, Bradford Woods, Martinsville, IN
- Duties: Served as a yoga teacher for classes taught to pediatric patients with cancer and their families.
- 2015-2018 ***Mind-Body Interventionist***
 First Monday Support Group
- Duties: Volunteer support group leader and mind-body interventionist for patients with cancer and their caregivers.